



Physiotherapy Led 'Keep Moving' Group

Having problems with balance and mobility due to
**Parkinson's Disease, Stroke, MS or any other
neurological condition?**

£7 per class or £35 block
booking for 6 sessions
Thursdays 11.00am

Come and join us, have some fun and improve your
fitness at the same time!

Every Thursday 11.00am -12.00 midday

*Assistance can be given (subject to availability)
Wheelchair users welcome (feel free to bring a friend or carer to
help you get the most out of the session)*

1 Oakfield Barn, Brows Farm Business Park,
Farnham Road, Liss, Hants GU33 6JG
If you would like to attend or to find out more about
the class, please call us on **01730 890072** or email
hobbsse@hobbsrehabilitation.co.uk
www.hobbsrehabilitation.co.uk