

Hobbs Rehabilitation Vestibular Rehab

Our specialist neurological physiotherapists offer a comprehensive assessment of the balance and vestibular system.

"Vestibular rehabilitation effectively reduces dizziness, promotes balance, and improves the function of daily activities"

W Y Li et al, 2022



Rehabilitation programs are bespoke and include repositioning manoeuvres and graded exercises tailored to the individual's goals.



Some common conditions that can be helped by Vestibular Rehabilitation

Inner Ear Conditions:

- Benign Paroxysmal Positional Vertigo (BPPV)
- Vestibular Neuritis and Labyrinthitis
- Acoustic Neuroma
- Vestibular Hypofunction



Neurological Causes:

- Multiple Sclerosis
- Stroke
- Traumatic Brain Injury
- Vestibular Migraine
- Persistent Concussion Symptoms



Other:

- Age Related Dizziness and Imbalance
- Persistent Postural Perceptual Dizziness (PPPD)
- Visually Induced Dizziness



"I am so grateful to the team at Hobbs Rehabilitation, they have made a great difference to improve my dizziness and consequently my state of mind."

Richard Cooper, 2021



If you would like to discuss your condition and whether our service can help, please contact us via:

01730 890072

hobbsse@hobbsrehabilitation.co.uk

Hobbs Rehabilitation

1 Oakfield Barn, Farnham Road, Liss GU33 6JG

www.hobbsrehabilitation.co.uk

