



Physiotherapy led Parkinson's Circuits class

£12 per class

Every **Tuesday**

10-11am or 11am-12 Noon

South Wonston Pavillion, Winchester SO21 3HP

Come and join us, to train your brain, have some fun and improve your fitness at the same time... calling all PD Warriors!

- Prior to joining the program each participant will need an assessment (**£60**) with a PD Warrior trained physiotherapist. Follow up sessions may be necessary depending on ability level.
- Physiotherapy sessions will be at Hobbs Rehabilitation, Martyr Worthy SO21 1AR

CLASSES are £12 each

New participants must commit to 10 classes to start and following that can book 6 class blocks.

(Booking accepted only once the assessment and set up physiotherapy sessions have been completed)

Please contact Amie Banks to book an assessment: email treatment@hobbsrehabilitation.co.uk or call 01962 779796